

**ACCESS.
MOVEMENT.
PLAY.**

fat, Black, and
disabled artist
talk with
Tammy Johnson
India Harville
Omelagah and
Masina Clear



The Access. Movement. Play. Residency

supports emerging and multi-marginalized disabled artists who are often excluded from opportunities in the dance world. The residency provided time, space, and caring resources, specifically designed BY and FOR disabled artists, to further their practices and artisticworks. The A.M.P. program was designed by Disability Dance Consultant, Kayla Hamilton, in collaboration with India Harville, Joselia Rebekah, Elisabeth Motley and Petra Kupperts. Funded by the Mellon Foundation.



Intentionality. Community. Possibility.

WHO'S BEHIND HOW WE MOVE?



India Harville



Kayla Hamilton



JJ Omelagah

with **movement research**

FUNDED BY



RETHINK TRADITIONAL DANCE RULES

Traditional dance often focuses on strict techniques and perfecting movements. Instead, focus on adapting movements to work for different bodies, and build unique ways for each dancer to create rigor in their practice.

PERFORMING OCT 5TH



INDIA HARVILLE



REMINDER!



A QTBIPOC-
centered
virtual club
for Disabled
dancers

Next Meeting: Sunday, April 27
12 PM - 2 PM PST

EXCITED TO SHARE SPACE
WITH YOU TOMORROW!

THE CENTER FOR BLACK & INDIGENOUS PRAXIS PRESENTS

Soul Dance Class



Get Embodied Soul Dance Class

Start your morning with some soulful dancing. Get Embodied Soul Dance Class was created (formerly known as All Bodied Centered Soul Dance Class) out of a desire for a movement based wellness practice that centered Pan-African and Black American values, principles, and spiritual tenants. Get Embodied Soul Dance Class is unique in that it was created for Fat, Black, and Disabled people rather than inviting these groups post creation. Fat, Black, and Disabled people are the muse and central peoples of the way the class was designed, how it's led, and continues to inform the way it is taught and facilitated.

Mon, Wed, Fri
Sept 6 - Oct 2
9am-10am PST via Zoom



Guest Facilitator- Ifasina Clear hails as a big bodied(fat), Black, genderqueer person (they/them pronouns) from Dallas, Texas. Dancing and teaching are core to who they are. Both dance and teaching are what are what they are purposed to do with their life.

[Registration Link](#)



Get Embodied Soul Movement focuses on the leadership and wellness of Fat and Disabled artists, healers, organizers & activists

Because everyone else is trying to fix us instead of investing in, affirming, and honing our genius, gifts, and talents.

IMANI MCC OF DURHAM

PASTOR ANNIE ROSS

Sunday Service

March 16, 2025 @ 10:00 AM
3602 C-View Street
Durham, NC 27713



TaMeicka "Ifasina" Clear/they/them
A fat, Black, genderqueer person. A dance chaplain,
healer, coach, trainer, cultural leader and
prolific writer.

www.imanimcc.org



Get Embodied Soul Movement
hosts our North Carolina
Community Launch Event!

SAVE THE DATE! JUNE 28

We are excited to invite you to our
upcoming community launch event,
where you will get to experience
some of what GEM has to offer North
Carolina Communities and Residents!

EVENT HIGHLIGHTS

Access Centered Cultural Dance Classes

11:30a-1:00p join us for a
variety of cultural dance
classes focused on access
and embodied presence

Panel Discussion on Disability Justice and Culture

Join us for a discussion with local
community members on their lived
experiences with disability in their culture

Reflections on Leadership in plus size bodies of color

Hear from a local leader and elder about
her path to leadership, followed by an
address to the community from GEM
Founder and Dance Chaplin, Ifasina

Learn Popular Soul Line Dances in a access centered space!

We will close the event with an
access centered tutorial of
Boots and the Ground and Flex
with space to dance, mingle,
and celebrate PRIDE and
JUNETEETH!



SOMATIC BELLY DANCE

With Coach
Tammy Johnson



JoyLabs: Embodiment
and practice
community that invites
us to move our bodies
and use that movement
as a vehicle to move us
towards healing.



**In-Advance:
Investing in social
movements and
resuscitating the
heart of community
organizing.**

Black Spirit Dance Collective

- Redefined dance careers
- Centered our communities as part of our practice
- Demanded more creativity
- Created possibilities

